

# CPC Run 2010

Dear parents,

Once again we are getting ready for the City-Pier-City (CPC) Run.

This is a famous half Marathon organised every year in The Hague and they also organise shorter distances races for amateurs and for children.

This year the race will take place on **Sunday 14 March**. Following the tradition of previous years we would like to encourage our children to take part in the race. We will start training for the run during our PE classes.

- **Reception and Year 1** children can participate in the **1 km** Ernst & Bobbie Kinderloop. They **must be accompanied by an adult (over 18) who should be registered as well.**
- **Year 2 to Year 6** children can participate in the **2, 5 km** Fortis Jeugdloop.
- **Year 5 and Year 6** children, **with agreement from parents and the P.E teacher**, may participate in the West **5 km** Loop.
- Parents are welcome to run along with the Y2-Y6 children, but they have to register for that and will probably receive a coach sticker instead of a number.
- **Secondary students, parents and teachers** can run the, **5 km** and **10 km** race, according to their ability and training.

**Parents of children Y2 to Y6, not participating in the run, will need to be at the finish line ready to meet their child/children.**

We encourage all the children to participate and join the teachers that will be there!

**The cost of entry is the same for children as for accompanying adult/parent.** The fees for the races are as follows:

- €2,50 for the Ernst & Bobbie Kinderloop **1km**
- €3,50 for the Fortis Jeugdloop **2,5 km**
- €6,50 for the West **5 km** Loop
- €8,50 for the AD Haagsche Courant **10 km** Loop

You will receive a start number, a wrist band that will give you free access to public transport on your way to and back from the race.

- Please complete the details below, **one form per family**, if you would like to participate with our school in this event, send it to the office in an envelope **with the correct amount of money enclosed by Monday 15<sup>h</sup> February**  
**Late registration will not be possible through the school! Once registered it will not be possible to cancel or be refunded!**

Further details about the run (meeting point, time, etc), will be sent to registered families the week before the race.

With kind regards,

Mrs. Ana Margueirat

# CPC run registration form

We will participate in the CPC with the International School of The Hague.

**I, undersigned give permission to my child/children to participate in the CPC run.**

I would like to register the following participants with the appropriate adult running/at the finish line and **enclose the correct total fee amount** with this registration form. Please be aware that races start back to back, so if you sign up for one race straight after other you might not have enough time to be back for the start.

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Signature: \_\_\_\_\_

Full name of participants and children's class	Distance R-Y1: 1km / <b>1 parent must run</b> Y2-Y6: 2,5km  Y5-Y6: 5km Secondary and Parents: 10 km	Fee per participant €2,50 €3,50 €6,50 €8,50
Child: Class:		€
Parent running:		€
Or Parent at finish line1:		No fee
Child 2: Class:		€
Parent running :		€
Or Parent at finish line:		No fee
Child 3: Class:		€
Parent running:		€
Or Parent at finish line:		No fee
Total fee: ( Correct amount enclosed with this form)		€

(Please print and bring only this side to the P.E. office on a **closed** envelop with the correct money No changes will be returned.)